

29th March 2020

Dear students of Form 7b,

It's been a long time since I have seen and talked to you. I am wondering how you are and what you are doing.

Today I am writing this letter to tell you a bit about my life during this time of social distancing and also to ask you about how things are going.

Life has changed a lot in the past few weeks. Social distancing and self-isolation measures<sup>1</sup> are very challenging<sup>2</sup>.

Schools are closed, teachers and students have to work from home. One of the consequences of social distancing is that all of a sudden<sup>3</sup> we have more time on our hands. I try to use time productively. I spend a lot of time working in the house and garden. What does your day look like? How do you keep busy and motivated? What bugs<sup>4</sup> you the most? What do you do with this free time? Have you started any family projects? Not being able to meet up with friends is really hard. But there are so many ways of communicating like Facetime, Instagram, Facebook, Skype. How are you keeping in touch with your friends?

I usually go swimming and sport climbing every week but this is not possible at the moment. Now I go horse riding or jogging. How do you keep fit? Can you still do your favourite sport at home?

What do you do to relax? Do you like watching films, listening to podcasts or reading books, graphic novels or comics?

Do you have time to spend on your hobby?

How do you like doing e-learning? Do your parents or brothers and sisters help you with your homework? Do you miss school, your classmates and teachers yet?

Now, it's your turn. Please write a letter to me about yourself and how you are doing. Tell me about the biggest changes in your life, about a typical day in your "new" life, about what you do with all your spare time alone or with your family. I'd love to hear how you keep in touch with your friends and what you do to relax and have fun.

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<sup>1</sup> measures - Maßnahmen

<sup>2</sup> challenging - herausfordernd

<sup>3</sup> all of a sudden - ganz plötzlich, auf einmal

<sup>4</sup> to bug - nerven

It would also be interesting for me to hear if you follow the news about the corona virus and how it is spreading<sup>5</sup>. There are groups of young people who are helping others, like doing the shopping or walking dogs. Are you doing anything like that? And what do you find hardest? Is there anything that you find really surprising about this situation? I'm very interested in hearing about you, so please write back by mail (KindlerHX@web.de). Use my letter to get help with expressions and ideas. Please write back by Friday 3rd April. Can't wait to hear from you! Stay safe and happy.

Yours Ms Kindler

Write at least 120 words. You can start your letter like this:

Dear Ms Kindler,

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Yours ...

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<sup>5</sup> to spread - sich ausbreiten